

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: SCZ

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Nice Alexander

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 22: 100M BACKSTROKE WOMEN 11+			Heat:8, starttime: 14:34
Heat: 8/9 Lane : 2 Athlete: KRYGIEL NATALIA			Q-time: 01:17:56
PB (50m pool): 01:17.56 Aalst 11/05/2025			PB (25m pool): 01:17.74 SB: no time
	5 0 M	1 0 0 M	
PB	00:37.77	01:17.56	
	00:37.77	00:39.79	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE WOMEN 11+			Heat:9, starttime: 14:36
Heat: 9/9 Lane : 7 Athlete: SOUTHWORTH FELICITY			Q-time: 01:13:05
PB (50m pool): 01:14.01 Antwerpen 27/07/2025			PB (25m pool): 01:12.81 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.82	01:14.01	
	00:35.82	00:38.19	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+			Heat:3, starttime: 14:44
Heat: 3/7 Lane : 8 Athlete: GERBIG HENRY			Q-time: 01:26:11
PB (50m pool): 01:35.36 Antwerpen 13/07/2025			PB (25m pool): 01:38.30 SB: no time
	5 0 M	1 0 0 M	
PB	00:47.26	01:35.36	
	00:47.26	00:48.10	
			

Coach feedback:

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Event number: 32: 100M FREESTYLE MEN 11+			Heat:3, starttime: 16:11
Heat: 3/10 Lane : 6 Athlete: GERBIG HENRY			Q-time: 01:12:97
PB (50m pool): 01:21.92 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:23.72 SB: no time			
	5 0 M	1 0 0 M	
PB	00:39.00	01:21.92	
	00:39.00	00:42.92	
			

Coach feedback: